

## Cardiac arrest Ultra-Sound exam

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# Original Articles

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## RESUSCITATION OF THE HEART\*

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AND

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**Reversibility**

shock

Carrel<sup>20</sup> differentiates between general and elemental death. The former is manifested by a complete stoppage of the circulation in which the organs are still living and could be completely revived if they were given back their normal physico-chemical conditions by re-establishment of the circulation. When, however, protoplasmic degeneration and death of the tissues occur as a result of a prolonged interruption of the circulation, it is spoken of as elemental death. Immediately following the cessation of the heart beat the organism is placed in a position intermediary between general and elemental death. Nevertheless, as long as elemental

ON A  
NEW MODE OF EFFECTING ARTIFICIAL  
RESPIRATION.

By MARSHALL HALL, M.D., F.R.S.,  
MEMBER OF THE INSTITUTE OF FRANCE, ETC.

To the Editor of THE LANCET

SIR,—The following document cannot fail to interest your readers.

Artificial respiration is the *sine quâ non* of our treatment of suspended animal animation by drowning, strangulation, &c. and the only efficient mode of accomplishing it is I believe that here described.

"Attended at Guy's Hospital, at which I witnessed some experiments made by the new mode of producing artificial respiration without the aid of a bellows, as proposed by MARSHALL HALL, M.D., &c.

"The mouth and one nostril were carefully closed by means of sticking-plaster, to prevent the possibility of air finding its way through them. In the other nostril was inserted a caoutchouc tube, about three feet long, at the end of which was fixed a bent glass tube of the same size, into which was poured a teaspoonful of water.

"The operator then took hold of the subject (which was lying in the prone position) by the left shoulder and hip, and gently raised it, until the whole body was resting on the right side. This movement caused the air to enter the glass tube, creating bubbles in the water as it passed on into the lungs; and on the body being slowly replaced on the stomach, the air was freely expelled from the lungs, and caused the same agitation in the water as it made its exit through the glass tube.

A Mirror  
OF THE PRACTICE OF  
MEDICINE AND SURGERY  
IN THE  
HOSPITALS OF LONDON.

Nulla est alia pro certo noscendi via, nisi quam plurimas et morborum et dissectionum historias, tam aliorum proprias, collectas habere et inter se comparare.—MORGAGNI. *De Sed. et Caus. Morb.* lib. 14. Proœmium.

MONTHLY REPORT  
OF

OPERATIONS PERFORMED AT THE METROPOLITAN  
HOSPITALS.

GUY'S HOSPITAL.

THE return for the month, sent to us by Mr. Wallace, the house-surgeon of Guy's Hospital, shows that during the time between the 1st and 31st of January, there were twenty-two operations.

AMPUTATIONS.

CASE 1.—A man of cachectic constitution, aged forty-six, with compound fracture of the tibia and fibula, at the junction of the middle and lower third. On the 3rd of January, Mr. Cock performed amputation below the knee, the skin having ulcerated, and the soft part sloughed. The patient died five days after amputation, and twelve days after injury.

CASE 2.—Primary amputation of the humerus, about three inches below the shoulder, by Mr. Poland. The patient, a male aged forty-seven, had suffered extensive injuries. The arm was only attached to the trunk by a small portion of

## METHODS OF DEFIBRILLATION AND RESUSCITATION

### THE PHYSIOLOGIC BASIS FOR CARDIAC RESUSCITATION FROM VENTRICULAR FIBRILLATION—METHOD FOR SERIAL DEFIBRILLATION

CARL J. WIGGERS, M.D.  
CLEVELAND, OHIO

THE high incidence of death from ventricular fibrillation secondary to coronary occlusion and the increasing mortality from an electrocution resulting from the widespread use of electrical appliances in our homes, on our farms, and in our trades and professions, the subject of ventricular fibrillation of special interest in the preventive and curative medicine alike. It is obviously imperative that scientists should continue experimentation for the purpose of determining the conditions under which electric currents become dangerous and attempting to render the ventricles less susceptible to fibrillation, and of devising means for the resuscitation of fibrillating hearts. If the rescue of human lives has not yet been achieved, it is probable that we may be on the threshold of success, certainly in some cases. However, our hope of crossing that threshold depends on the continuance of haphazard modes of experimentation, but a methodical approach based on an understanding of the physiological factors which determine success or failure in any given instance.

As Garrey<sup>2</sup> has properly emphasized, the idea of earlier investigators that fibrillation is a terminal process when hearts do not recover spontaneously has been amply disproved by abrogating fibrillation in excised hearts by cooling, by reducing the mass of fibrillating tissue, or by perfusing hearts with potassium chloride solution, followed by Locke's solution. It was, therefore, not entirely unexpected that the prompt use of solutions containing an excess of potassium might likewise abolish fibrillation in the intact heart. Two problems existed, however: (1) to get the potassium ions to the fibrillating ventricle when the circulation is at a standstill and (2) either to remove the excess potassium or to neutralize it with calcium. The former was achieved in 1904 by d'Halluin,<sup>3</sup> who injected KCl solution into a jugular vein and then massaged the heart. Hooker,<sup>4</sup> following an earlier procedure of Crile, introduced a weak solution of KCl into a carotid artery under pressure, while I<sup>5</sup> injected it directly into the ventricular cavities. These various procedures generally proved efficacious in defibrillating the ventricles, and the subsequent use of an excess of calcium sometimes caused a resumption of spontaneous, coordinated beats. Although such

From the Department of Physiology, Western Reserve University Medical School, Cleveland, Ohio.

Presented before the Eighth American Scientific Congress, Washington, D. C., May 13, 1940.

Received for publication July 1, 1940.



## RESUSCITATION FROM "IRREVERSIBLE" SHOCK BY INTRA-ARTERIAL TRANSFUSION

ARNOLD DANZIGER  
M.R.C.S., D.A.

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REGISTRAR, KING GEORGE V HOSPITAL, ILFORD

MANY cases of intra-arterial transfusion have been reported. The indications for shock from various causes were the indications for its use. These causes included hæmorrhage, toxæmic states due to peritonitis or to loss of body fluids, and postoperative shock which could not be overcome by intravenous transfusion.

All reports bear witness to the superiority of the intra-arterial over the intravenous route: recovery was more rapid and better sustained, and resuscitation was successful when intravenous transfusion had either failed or held out no prospect of success. Recovery is described in cases of very severe shock, in some of which cardiac and respiratory arrest had supervened (Negovsky 1945, Bilsland 1951, Haxton 1952, 1953, Good 1953, Pryer 1953, Horton et al. 1953).

#### CARDIO-RESPIRATORY RESUSCITATION

Alan Gilston and Leon Resnekov pp. xiii + 275. William Heinemann Medical Books Ltd., London, 1971; £4.50.

In a dying person, first the respiration stops and then the heart slows, so that blood continues to circulate with a diminishing oxygen content. The usual immediate cause of death from whatever condition is hypoxia of the brain, so that in resuscitation the problem is to restart the respiration, and then the heart. The first 4 min after cardiac arrest are always considered critical, because irreversible brain damage occurs in normothermia in about that time. This is well recognized, and is part of the catechism of every medical student.

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## **The second step in resuscitation—the treatment of the 'post-resuscitation disease'**

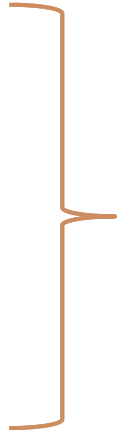
V. A. NEGOVSKY

*Laboratory of Experimental Resuscitation, Academy of Medical Sciences of the U.S.S.R.,  
9, October 25th Street, Moscow, U.S.S.R.*

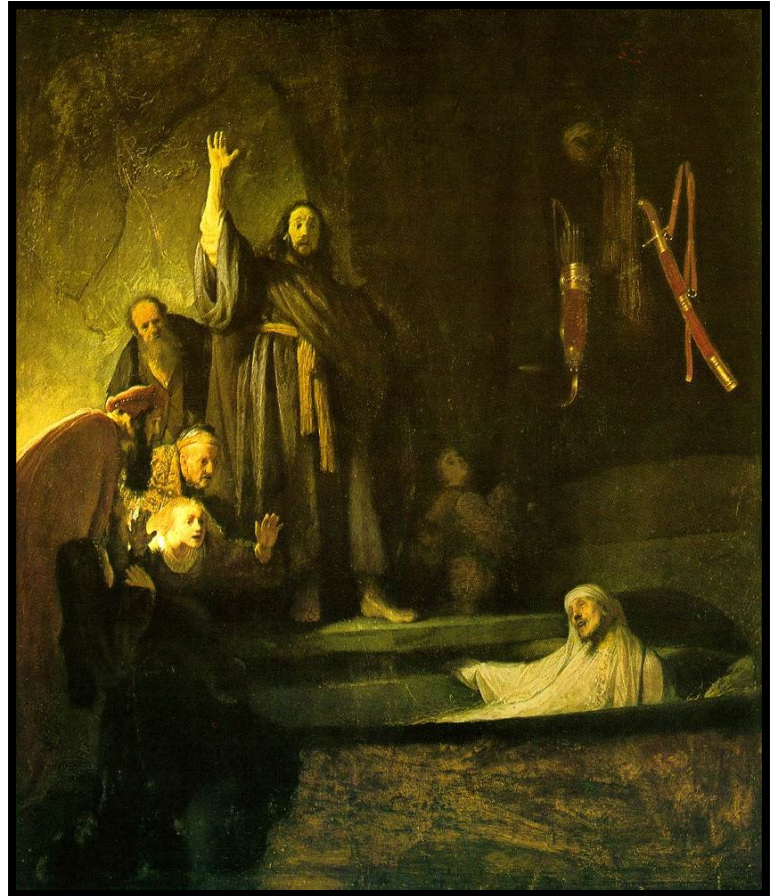
In the first stages of the development of the science of resuscitation, 'reanimatology', research workers have been limited mainly to the study of the pathology of death, and to the elaboration of a series of techniques of resuscitation. We now have at our disposal some knowledge of the process of disintegration of physiological functions during the dying of an organism, and of their restoration during resuscitation. We also have at our disposal a number of methods available to a large circle of practising doctors. Extensive experimental studies and clinical findings have clearly proved that after the first step in resuscitation when heart function and respiration have been restored, the second step in resuscitation arises—the more complicated problems of treating the after-effects of a general hypoxia. There are characteristic disturbances in the functions of the central nervous system and internal organs, in metabolism and in homeostasis among other systems.

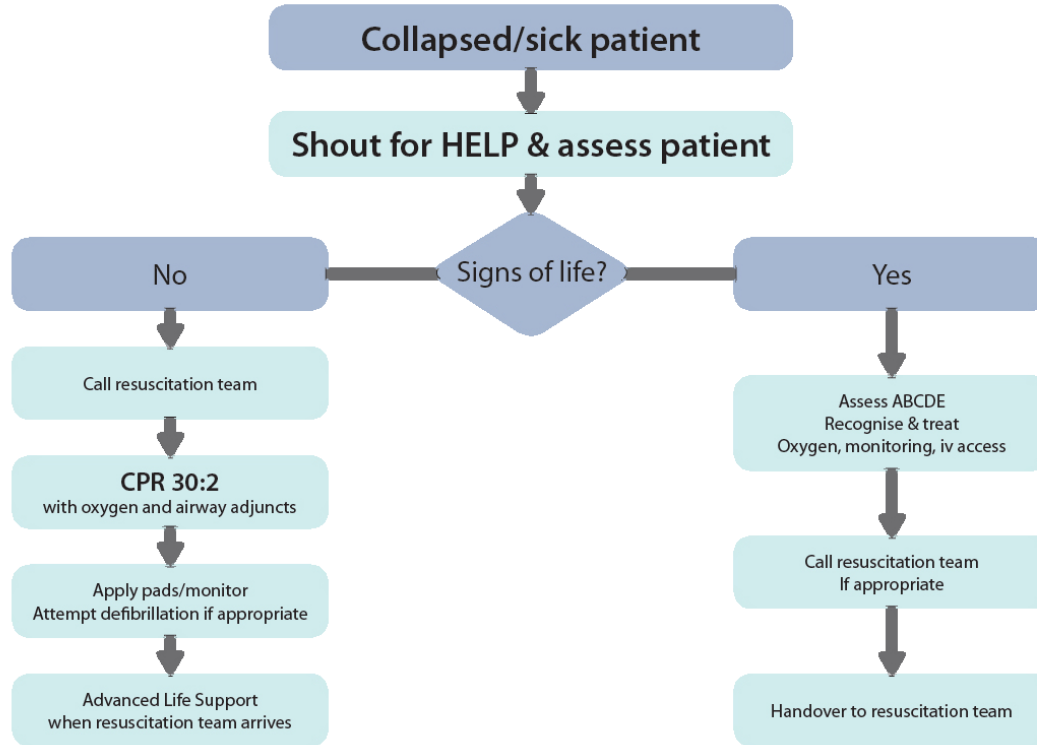
There is much evidence that the organism experiences a specific pathological condition after resuscitation. We are inclined to call this condition 'the post-resuscitation disease', and to examine it as an independent nosological form. Indeed, irreversible changes occur during clinical death and after resuscitation.

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Resuscitatie





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2006	Totaal	ROSC	Overleden	Overleven
N=173				
<b>VF</b>	61 35%	55 90%	30 49%	31 51%
<b>Polbloos VT</b>	9 5%	6 67%	4 44%	5 56%
<b>Asystolie</b>	29 17%	19 66%	26 90%	3 10%
<b>EMD</b>	41 24%	21 51%	38 93%	3 7%
<b>Respiratoir</b>	14 8%	13 93%	6 43%	8 57%
<b>Trauma</b>	1 0,5%	0 0%	1 100%	0 0%
<b>Drenkeling</b>	3 2%	2 67%	2 67%	1 33%
<b>Choking</b>	5 3%	4 80%	4 80%	1 20%
<b>Overigen</b>	10 6%	6 60%	7 70%	3 30%

2007	Totaal	ROSC	Overleden	Overleven
N=163				
<b>VF</b>	55 34%	49 89%	22 40%	33 60%
<b>Polbloos VT</b>	3 2%	2 67%	1 33%	2 67%
<b>Asystolie</b>	39 24%	19 49%	37 95%	2 5%
<b>EMD</b>	42 26%	17 40%	40 95%	2 5%
<b>Respiratoir</b>	9 6%	8 89%	4 44%	5 56%
<b>Trauma</b>	3 2%	2 67%	2 67%	1 33%
<b>Drenkeling</b>	1 0,6%	1 100%	0 0%	1 100%
<b>Choking</b>	0 0%			
<b>Overigen</b>	11 7%	11 100%	4 36%	7 64%

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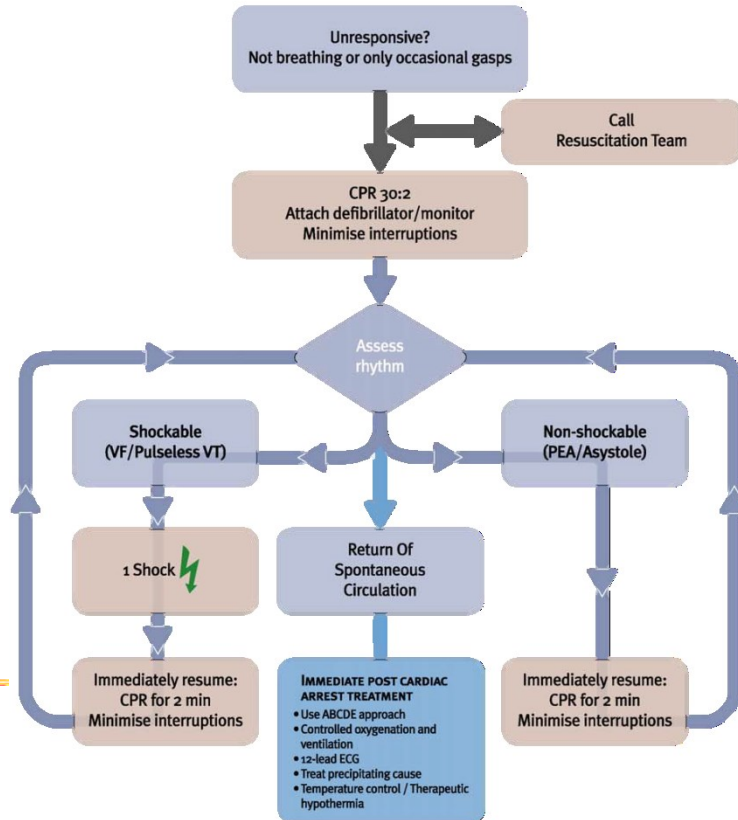
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### DURING CPR

- Ensure high-quality CPR: rate, depth, recoil
- Plan actions before interrupting CPR
- Give oxygen
- Consider advanced airway and capnography
- Continuous chest compressions when advanced airway in place
- Vascular access (intravenous, intraosseous)
- Give adrenaline every 3-5 min
- Correct reversible causes

### REVERSIBLE CAUSES

- Hypoxia
- Hypovolaemia
- Hypo-/hyperkalaemia/metabolic
- Hypothermia
- Thrombosis - coronary or pulmonary
- Tamponade - cardiac
- Toxins
- Tension pneumothorax

Assess  
CAUSE

Non-shockable  
(PEA/Asystole)



Immediately resume:  
CPR for 2 min  
Minimise interruptions

**IMMEDIATE POST CARDIAC  
ARREST TREATMENT**

- Use ABCDE approach
- Controlled oxygenation and ventilation
- 10-12L ECG
- Treat precipitating cause
- Temperature control / Therapeutic hypothermia



### *Use of ultrasound imaging during advanced life support*

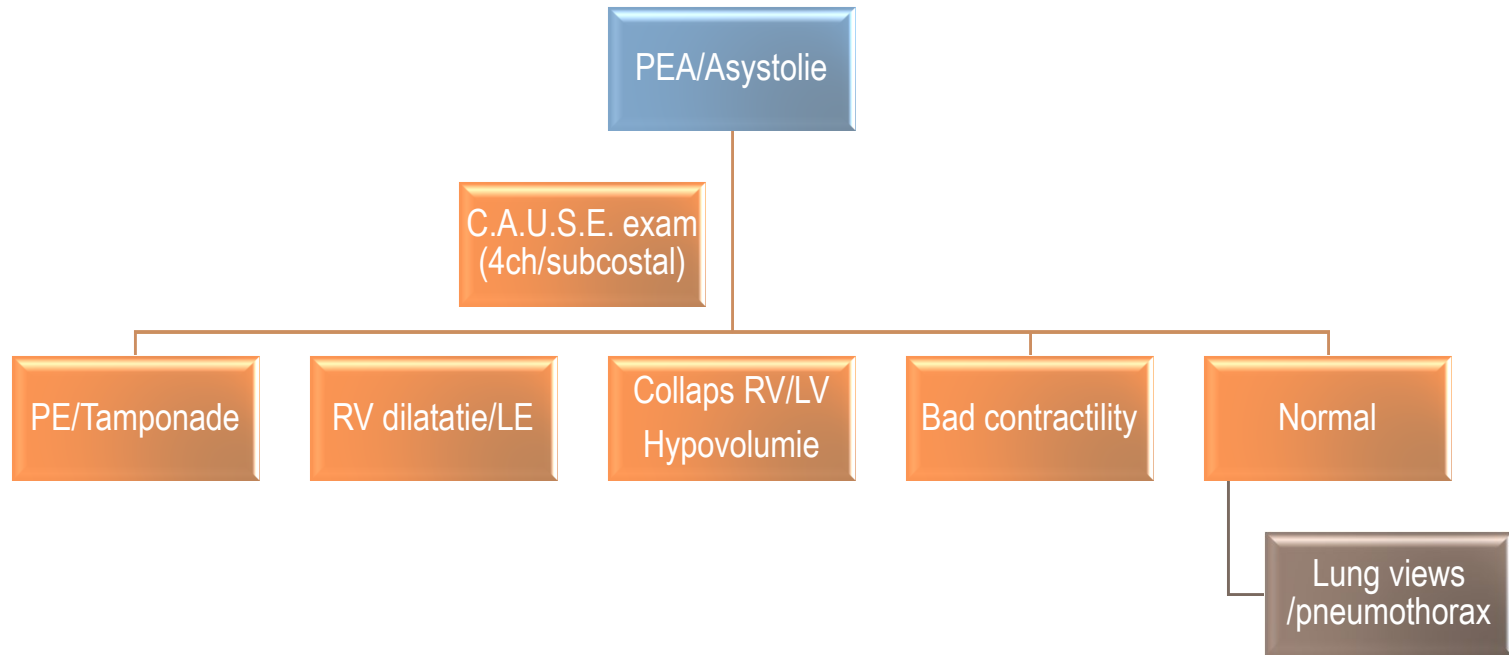
Several studies have examined the use of ultrasound during

studies have shown that use of this imaging modality improves outcome, there is no doubt that echocardiography has the potential to detect reversible causes of cardiac arrest (e.g., cardiac tamponade, pulmonary embolism, aortic dissection, hypovolaemia, pneumothorax).<sup>261-268</sup> When available for use by trained clinicians, ultrasound may be of use in assisting with diagnosis and treatment of potentially reversible causes of cardiac arrest. The integration of ultrasound into advanced life support requires considerable training if interruptions to chest compressions are to be minimised. A sub-xiphoid probe position has been recommended.<sup>261,267,269</sup> Placement of the probe just before chest compressions are paused for a planned rhythm assessment enables a well-trained operator to obtain views within 10s. Absence of cardiac motion on sonography during resuscitation of patients in cardiac arrest is highly predictive of death<sup>270-272</sup> although sensitivity and specificity has not been reported.

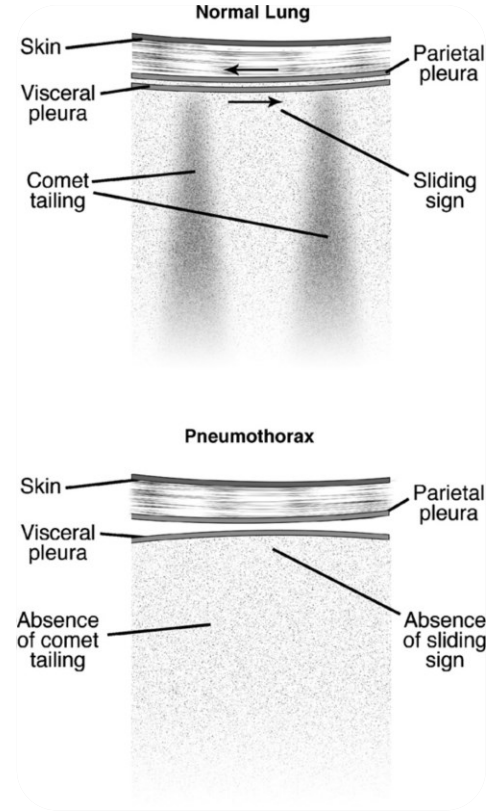
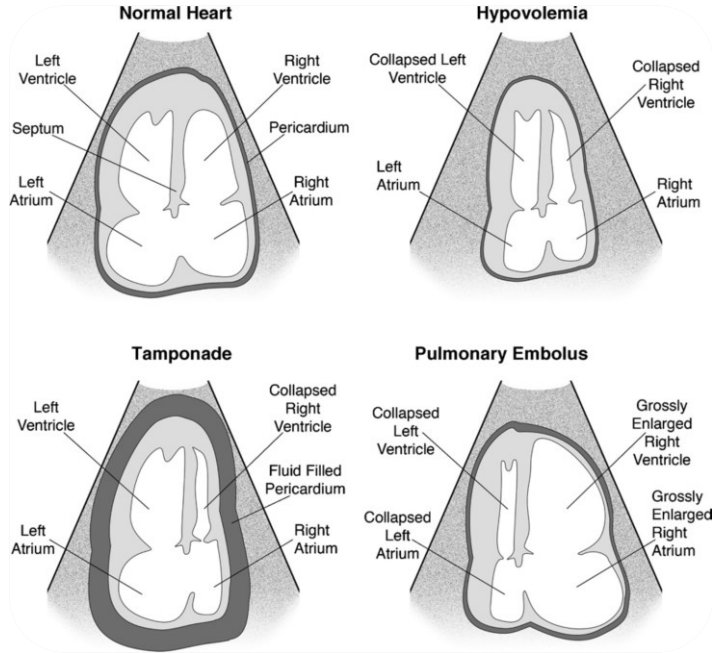


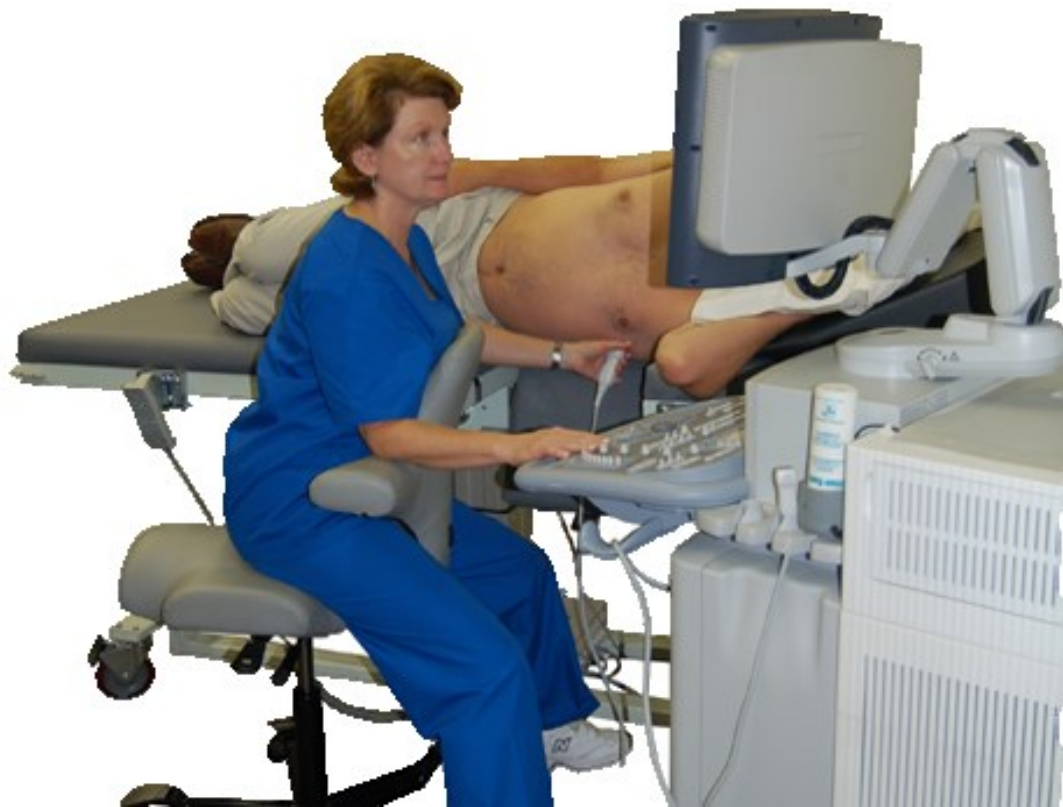








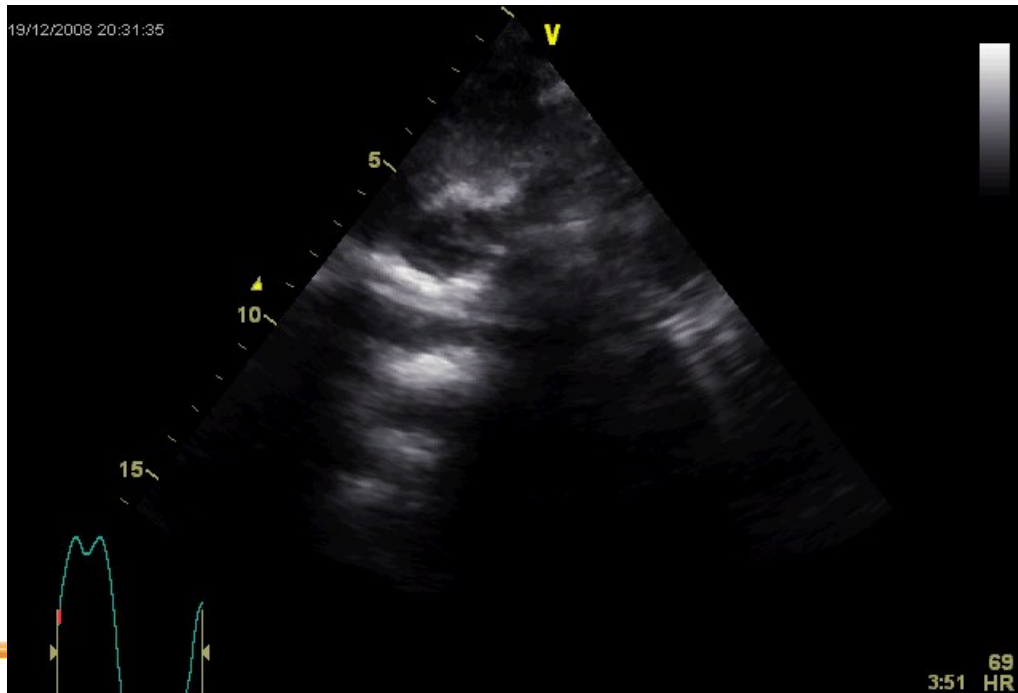




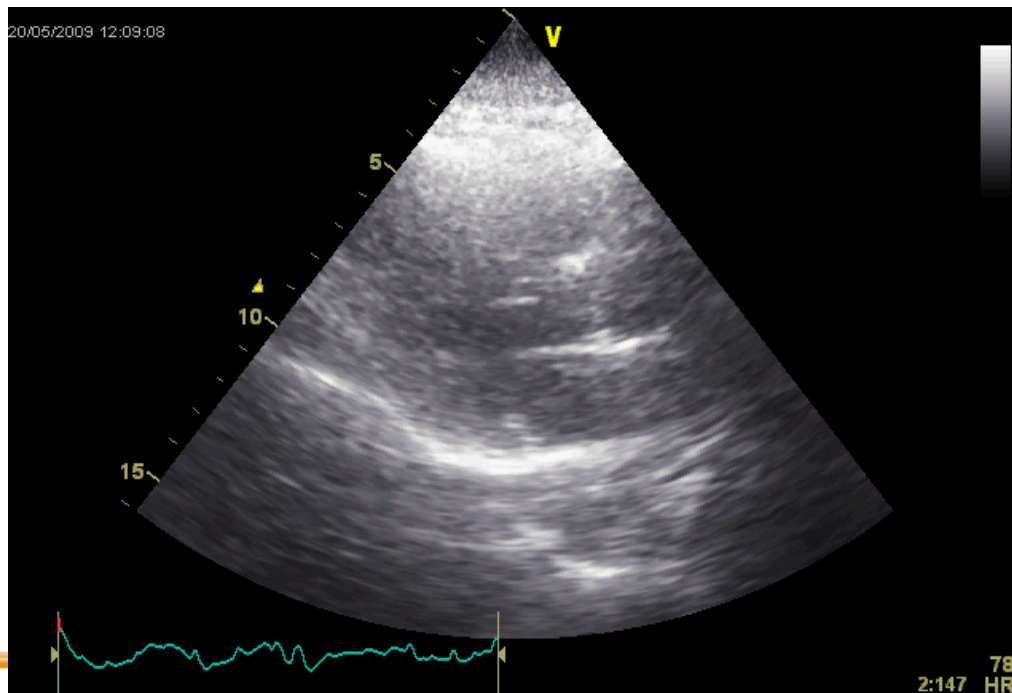


**Table 1** Technical aspects of echo in life support

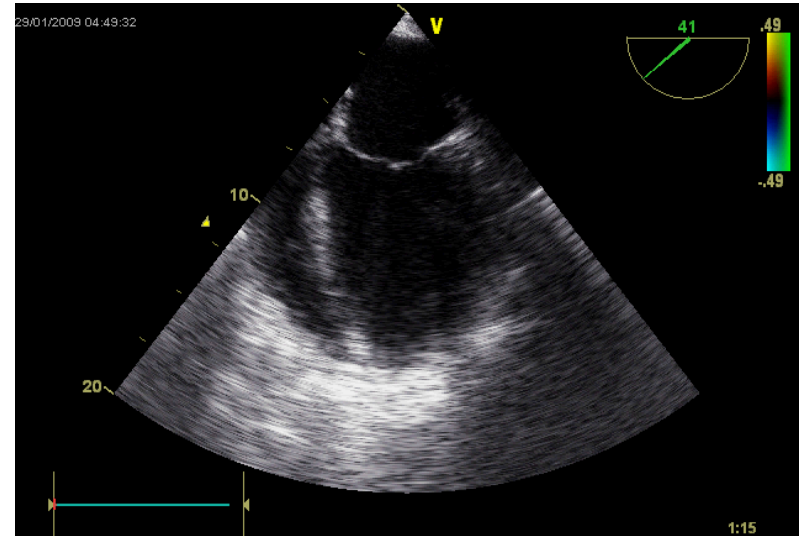
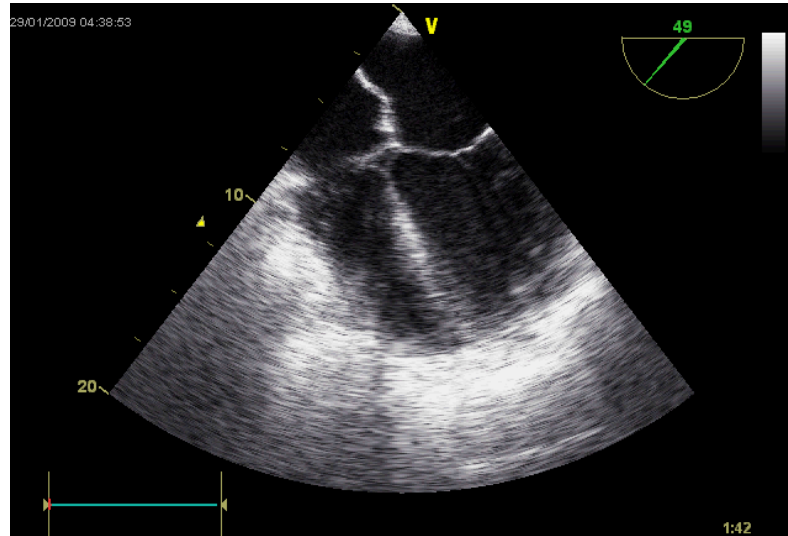
<b>View</b>	<b>Number (% of total)</b>	<b>Adequate view (n)</b>	<b>Adequate view (%)</b>	<b>Number within single 10 s window</b>	<b>Success rate (adequate view and within 10 s)</b>
Subxiphoid	40 (80%)	38	95%	38	95%
Parasternal	20 (40%)	19	95%	17	85%
Apical	4 (8%)	3	75%	2	50%
Combined	50	47	94%	45	90%



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2:147 HR

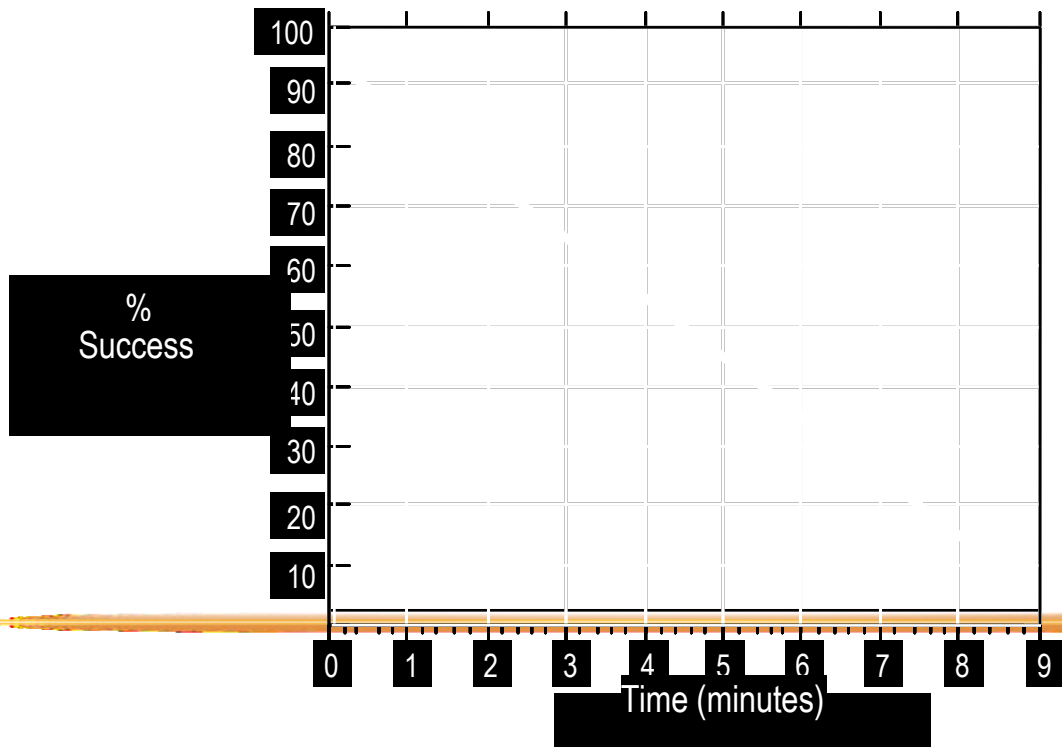


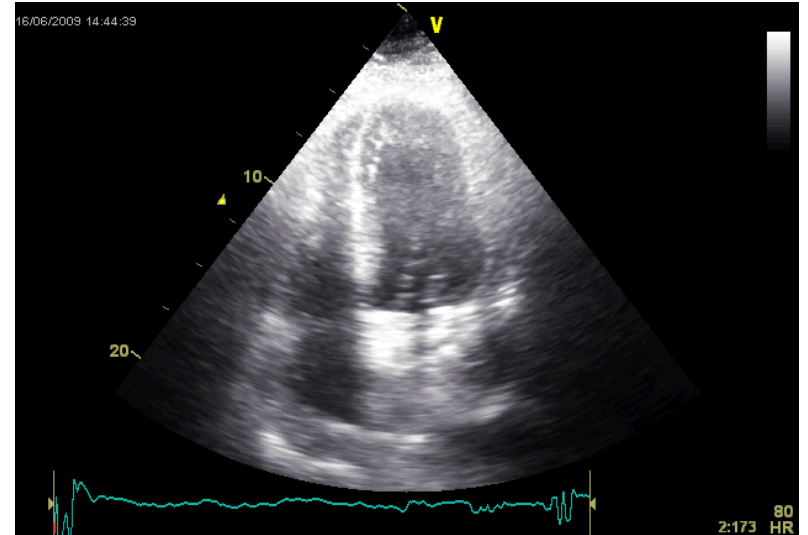
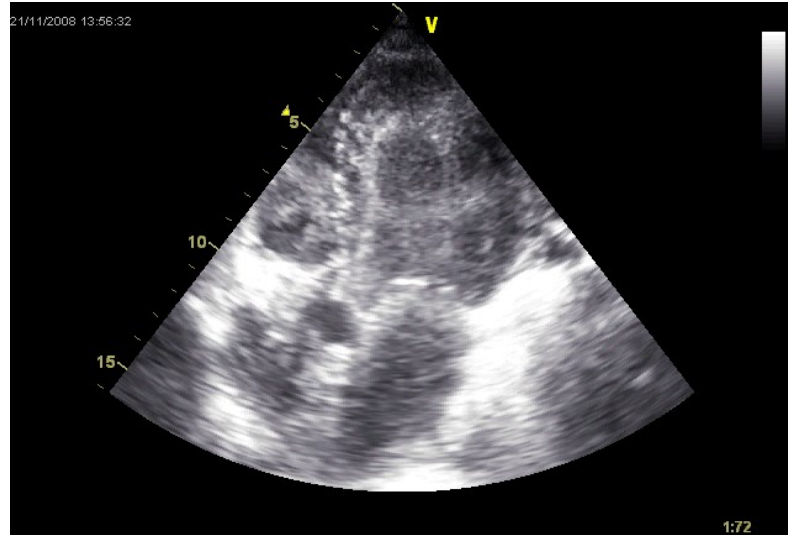




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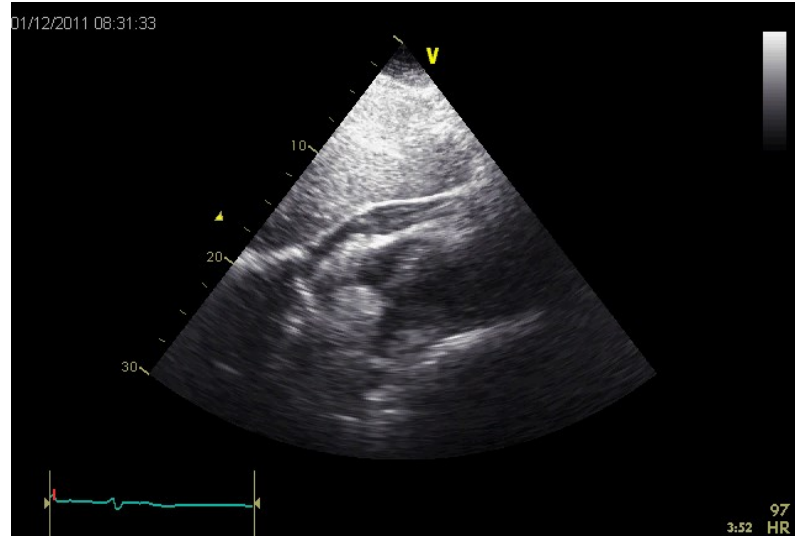


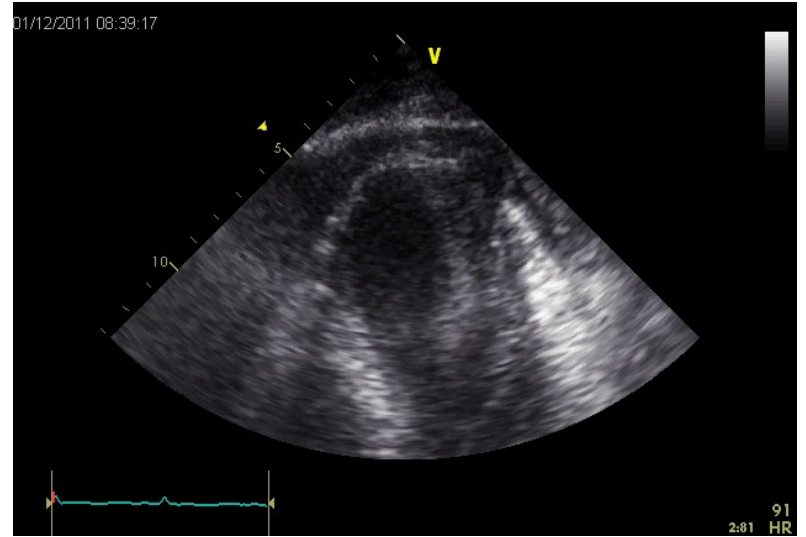
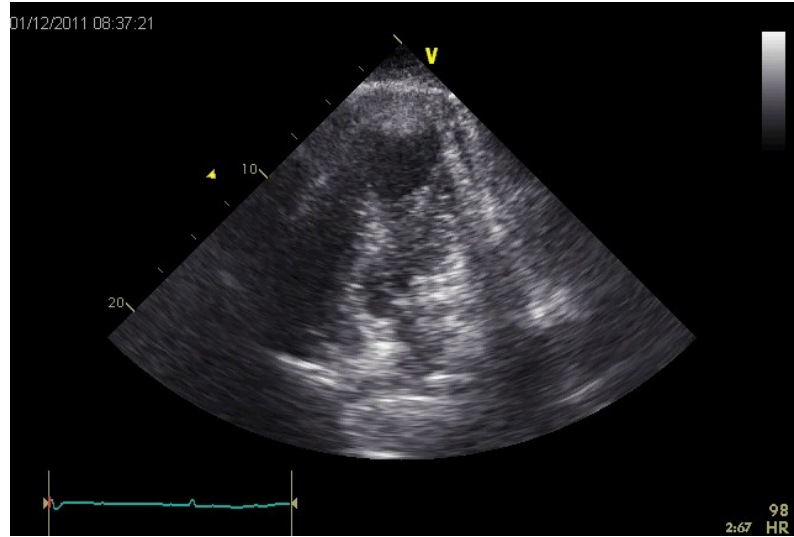
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### Operatieverslag:

Patient komt in shock op de OK, maar is nog wel enigszins aanspreekbaar. Er wordt direct na inductie met spoed een mediane sternotomie verricht.

Ritme bij openen: sinusritme. Pericard pril gespannen. Na openen grote hoeveelheid bloed en grote stolsels weggehaald. Hierna verbetering van de haemodynamiek.

Arteriële canulatie via de aorta ascendens. Veneuze canulatie via het rechter atrium (two-stage). Venting via de aortabasis. Perfusietijd is 68 min. er wordt niet geklemd. Bij manipuleren ontstaat VF.

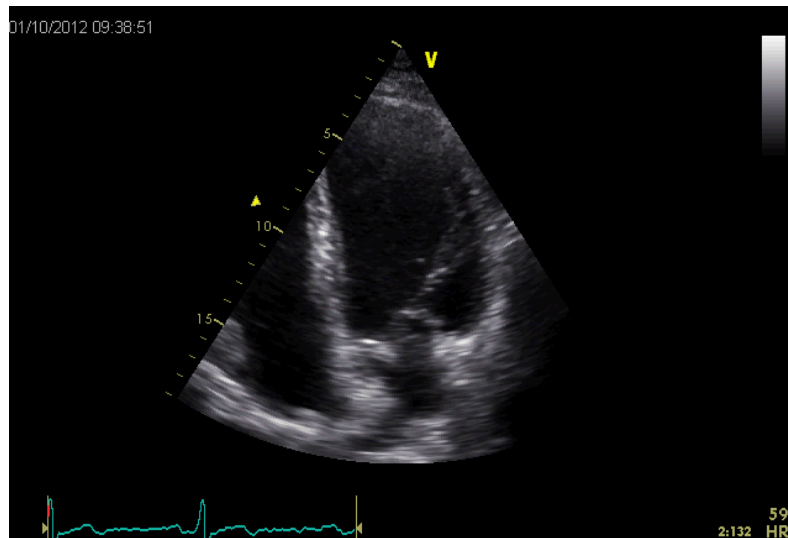
Er blijkt sprake van een geruptureerd aneurysma cordis. De hele voorwand is een groot litteken en hierin is een zwakke plek ontstaan waar een klein blaasje zit ter grootte van een hazelnoot en dat zeer dunwandig is. Hierin zit ook een minimaal gaatje waaruit de lekkage is opgetreden. Het defect wordt overhecht door aan weerszijden twee reepjes vilt te plaatsen en dan het defect te sluiten met staande prolene 3/0 hechtingen en vervolgens nog overhechting. Het defect is dan droog.

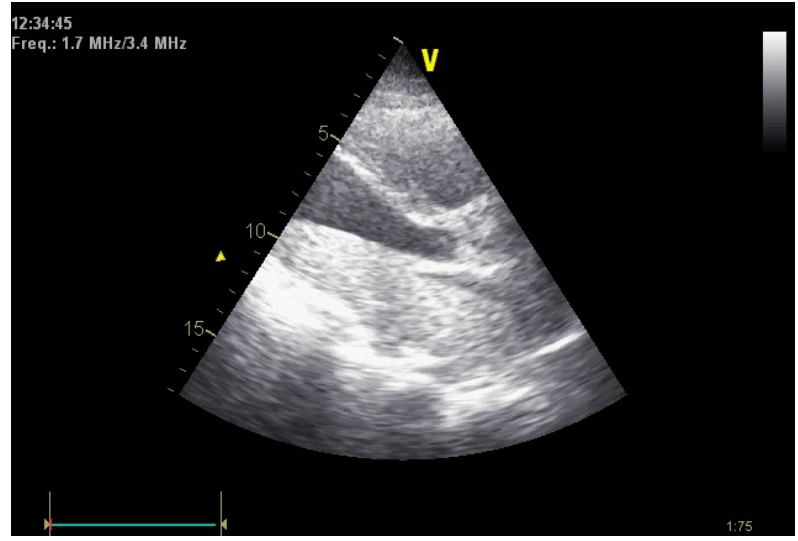
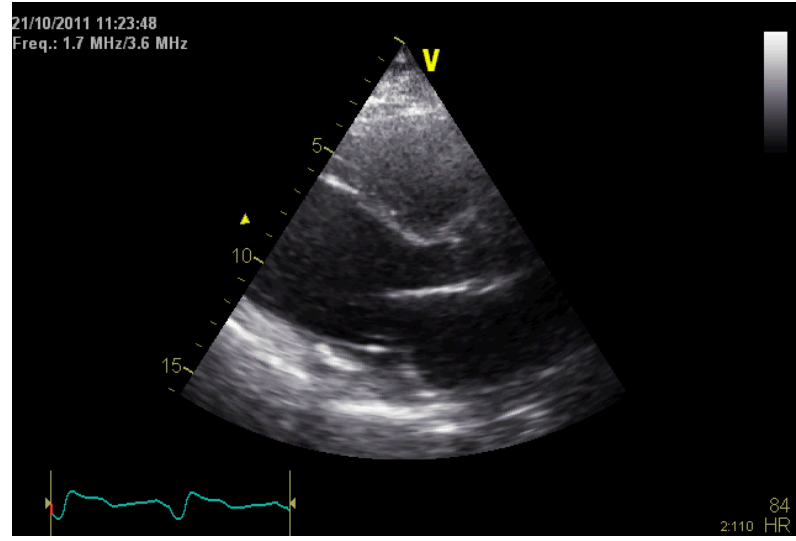
Sinusritme na defibrillatie.

Weanen vindt plaats met lage dosering inotropica. Ritme bij sluiten: sinusritme.

Het pericard is niet gesloten, 2 drains in het pericard. De linker pleura is dicht. De rechter pleura is dicht.

Er wordt lang gewacht met sluiten tot de stolling goed is. Sluiten in lagen (Luijten).







*"Well, Bob, it looks like a paper cut, but just to be sure let's do lots of tests."*

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